

CELEBRATING THE LIFE
OF

HARRY
HENRY CABELL, III

FEBRUARY 26, 1936 - JULY 13, 2025

MONDAY JULY 28, 2025

10:00 A.M. VIEWING | 11:00 A.M. SERVICE

FROM THE HEART CHURCH MINISTRIES®
5055 ALLENTOWN ROAD | SUITLAND, MD 20746
BISHOP JOHN A. CHERRY, II - PASTOR

OBITUARY

It is with heavy hearts that we announce the peaceful passing of our beloved father, brother, uncle, and friend, Harry Henry Cabell, III, who left us in his sleep on July 13, 2025.

Born and raised in Lynchburg, Virginia, Harry was the proud son of the late Harry and Edith Cabell. One of ten children, he graduated from Campbell County High School in 1954, and went on to earn his degree from Virginia Seminary College.

Harry served in the United States Army as a paratrooper, proudly upholding a legacy of strength, courage, and commitment. Following his military service, he dedicated over 40 years of his life to public service as an accountant for the federal government.

He was affectionately known by many names — TP, Chuck, Gramps, Pops and Old Man — each one reflecting the many roles he played in the lives of those who loved him. In 1982, he became a devoted member of From the Heart Church Ministries, where he sang in the Choir and served faithfully in the Helps Ministry.

Harry had a deep love for family, faith, and fun. Whether watching football (always cheering for any Black quarterback, good or bad), basketball (always rooting for LeBron James), cracking jokes, or "easin' on up the way" to MGM just to get out the house. He brought joy and humor to every room he entered. Above all, his greatest happiness came from being surrounded by those he loved most.

Harry is survived by his loving wife, Melva Cabell, and his devoted sister, Arletta Harrison. He is also lovingly remembered by the mother of his first child, Sallie Brown, and his children: Brenda, Marlon, Bernadette, Gelinda, Harry IV "CJ" (Kendra Cabell), Christian (Chris), and Lauren "Lori". His legacy lives on through his grandchildren: LaDonna, Shadana, Brittany, Irvin Jr., Cynkethia "Pinky", Alex, Kanisha, Jasmine, Elijah, Janiya, Marlon Jr., Maleah, Nova, and Zane; 19 great-grandchildren and 7 great-great-grandchildren; a host of nieces, nephews, extended family, friends, and his loyal dog, Ace, who was always by his side.

Harry was preceded in death by his beloved eldest daughter, Vanessa Cabell; brothers: Derbin, Marilyn, Carl, Donald, Garvis, and Alonso Cabell; sisters: Edith Berryman and Iris Boyd; grandson, Wesley Donta Scriber; and his cherished dog, Pucci.

Harry lived a life full of service, laughter, music, and unwavering love for his family.
He will be deeply missed and forever remembered.

ORDER OF SERVICE

Invocation

Congregational Hymn "Lift Him Up"

Scripture Reading

Old Testament: Psalm 121
New Testament: II Timothy 2:15

Prayer of Comfort

Selection.....Ms. Asia Haynie

Acknowledgements

Remarks

Mr. Kenny Green, Former Co-worker

Obituary *(Read Silently)*

Song of PreparationMs. Jocelyn Walters

Message of HopeReverend Willette O. Wright

Call to Christ

Recessional

Interment

Pleasant Valley Baptist Church Cemetery
234 Megginson Lane, Lynchburg, VA 24504
July 29, 2025 at 12:00 p.m.

FAMILY SENTIMENTS

Harry,

You were a wonderful husband for 44 beautiful years. I will always remember your laughter, your kind heart, and your unwavering support—especially the way you'd crack jokes just to lift my spirits. I'm so grateful for the life we shared and the love we built together. Those memories will forever live in my heart.

With all my love,

Melva



To my Hero,

I thought this day would never come. I truly believed you were invincible. I still remember calling you back in 2020 to tell you I was about to do some digging at my house. Thirty minutes later, you showed up—unannounced—with a shovel in hand. You moved with such grace and energy that my neighbor thought I'd hired you to help. He came over asking if you were available for more work. I smiled and said, "That's my dad. And he's 84." You never ceased to amaze me.

You set the standard for what it means to be a man of faith, a devoted husband, and the greatest father a son could ever ask for.

I can still hear your voice: "Take care of my wife and my dog." Don't worry, I've got it covered. After all, I had the best teacher a son could ask for.

Love,

Your namesake,

Harry H. Cabell, IV

FAMILY SENTIMENTS

Daddy,

I once wrote a poem about you on my phone during a walk along West Potomac Park. It was the first time I was inspired to write while on a walk. I wish I could power that phone up now and use those words that came so freely. Now my thoughts are awash with memories that my grief sickened spirit cannot filter. However, in this moment where my words fail me, I know without a doubt that you loved me and you know that I loved you. With every goodbye on the phone, every text message, and every visit that ended with a hug and kiss. From the moment we met until my last “good night” after you fell asleep...I love you Daddy always and forever.

Gelinda Allen

To my Gramps,

You were the one I could always go to and the one who always made me feel loved. Writing this has to be one of the hardest things I've ever done, but I'm doing it for you.

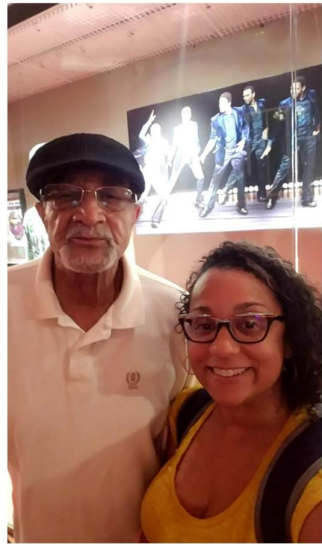
I'll forever miss the nights when you would wake me up and bother me just to talk to me. I took those nights for granted, knowing now I'll never be able to talk to you again.

The conversations we had when you'd take me to my practices, where we'd just sit and gossip about people for like 30 minutes straight—I'll never forget that.

The day you got sick, I remember just a couple hours before, you were supposed to be taking me to Chick-fil-A. It hurts because I never got my Chick-fil-A that day.

Wherever you went, I was never too far behind. Whether it was taking Aunt Nessa to the store or going to play your numbers, I was always right there with you.

Maleah Cabell





CONGREGATIONAL HYMN

LIFT HIM UP

How to reach the masses, men of ev'ry birth,
For an answer Jesus gave the key:
"And I, if I be lifted up from the earth,
Will draw all men unto Me."

CHORUS

*Lift Him up, Lift Him up, Still He speaks from eternity,
"And I, if I be lifted up from the earth,
Will draw all men unto Me."*

Oh the world is hungry for the Living Bread,
Lift the Savior up for them to see;
Trust Him, and do not doubt the words that He said,
"I'll draw all men unto Me."

CHORUS

Lift Him up by living as a Christian ought,
Let the world in you the Savior see;
Then men will gladly follow Him who once taught,
"I'll draw all men unto Me."

CHORUS

ACKNOWLEDGEMENT

*The Cabell family sincerely thanks all of you for your prayers, comfort, love and support. Your many acts of kindness and expressions of sympathy have been a blessing to us.
May the Lord Jesus Christ bless and keep you.*

PALLBEARERS

*Damarius Cabell, Harry Cabell, IV, Marlon Lewis,
Michael Middleton, Nyasani Oates, Jr., Devin Wallace*

FLOWER BEARERS

Family and Friends

HONORARY PALLBEARERS

*Derbin Cabell, Maurice Cabell, Desi Harrison, James Harrison
Jerome Megginson, Lorenzo Megginson, Bernard Monroe*

SERVICES ENTRUSTED TO:

*Wiseman Funeral Home and Chapel
4591 Allentown Road
Suitland, MD 20746*