

Honoring The

LEGACY *of*

**OPENING DAY:
SEPTEMBER 21, 1944**

**FINAL CURTAIN CALL:
MARCH 22, 2025**

**FRANCIS
ROLLINS**

**HEAVEN'S
NEWEST
STAR**



FOREVER
**IN OUR HEARTS
& MEMORIES**

Services:
MARCH
Monday 31ST
2025

FAMILY HOUR: 10:00 AM

SERVICE: 11:00 AM

From the Heart Church Ministries®
4949 Allentown Road | Suitland, Maryland 20746
Bishop John A. Cherry, II - Pastor

OBITUARY

Francis Rollins, affectionately known as “Frank” and “Frankie,” was born on September 21, 1944, in Washington, D.C., to the late Joseph and LaVerne Rollins. Deeply proud of his roots, he carried the spirit of his hometown wherever he went. The third of six children, he graduated from Eastern High School in 1963 and soon after answered the call to serve, enlisting in the United States Marine Corps. His military service instilled in him the values of discipline, integrity, and dedication; principles that shaped his entire life.

A man of boundless creativity and curiosity, he was an inventor, entrepreneur, and lifelong learner. He found joy in the arts, had a deep appreciation for theater and classical music, and believed strongly in the power of mentorship. His passion for health and wellness became a personal mission, culminating in a remarkable win at his first bodybuilding competition at the age of 73. This achievement inspired the creation of his lifestyle brand, The Habit of Fitness, encouraging others to embrace vitality at every age. His signature phrase, “I’m fantastic,” was a perfect reflection of his spirit; positive, vibrant, and uplifting.

He shared a beautiful life with the love of his life, Gwendolyn, whom he called “his loved one.” They married on August 5, 1989, and together built a home grounded in faith, unity, and affection. They welcomed their daughter, Genese, and he was a devoted father to both her and Kurt. He beamed with pride as a grandfather to Jayden, Amir, and Kenzo.

A man of steadfast belief, he was a committed member of From The Heart Church Ministries® for over three decades. His spiritual foundation guided his every step, and he made a lasting impact through his compassion, wisdom, and unwavering encouragement.

Known for his humor, insight, and polished sense of style, he was rarely seen without one of his signature suits. His favorite color, yellow, mirrored the brightness he brought into every room. He found peace in the little things; quiet porch moments, time in nature, and studying scripture.

He is lovingly remembered by his beloved wife, his cherished children, adored grandchildren, four siblings: James, Anne, Paul, and Yolanda; and a wide circle of extended family, friends, and mentees. He was preceded in death by his brother Ronald Rollins.

His legacy is one of love, perseverance, joy, and deep faith. Though his physical presence will be missed, his radiant spirit will continue to inspire everyone fortunate enough to have known him.

ORDER OF SERVICE

Invocation

Congregational Hymn

“Lift Him Up”

Scripture Reading

Old Testament: Psalm 34:1-8

New Testament: John 14:1-6

Prayer of Comfort

Selection

Mr. Nathan McFall

Acknowledgements

Remarks

Mr. Ron Peay, Friend of the Family

Ms. Crystal Peyton, Niece

Mr. Kyree Rollins, Great-Nephew

Poem

Mrs. Keisha Rollins-Monroe

Obituary

Ms. Kamren Rollins

Song of Preparation

Ms. Ann Rollins

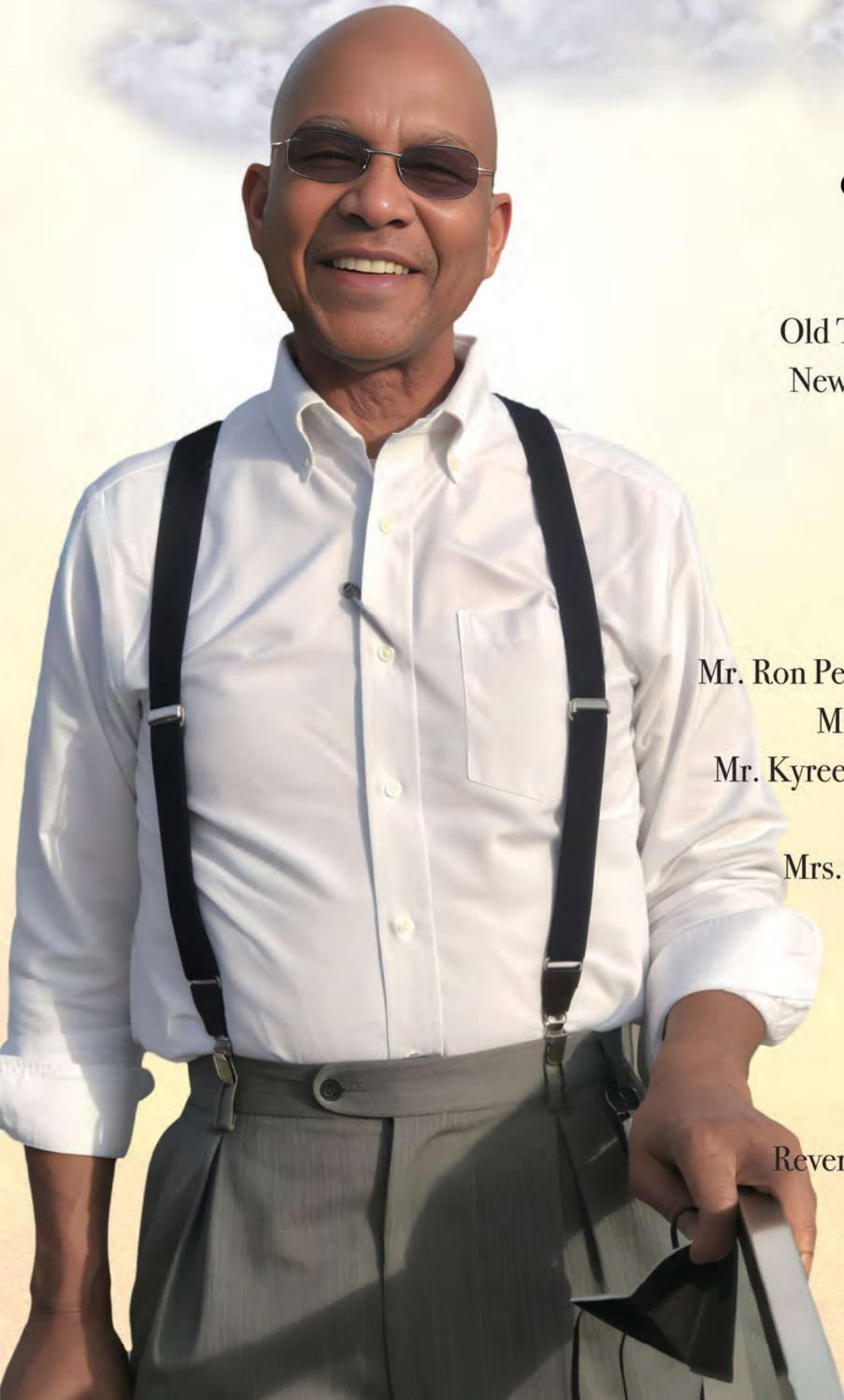
Message of Hope

Reverend Willette O. Wright

Call to Christ

Benediction

Recessional





WELL DONE

With a heart so big and a spirit so bright

You never failed to be a guiding light

As a patriarch so warm and true

Your hugs and smile were what we knew

A husband who loved deeply and a daddy so strong and full of life

Your positive energy ensured that we understood the fight

An uncle whose words encouraged, your laughter will echo through our ears

As we hold on tight to the memories we had over the years

You were a good and faithful servant but now its time to rest


Though we loved you here on earth God knew what was best

He gave you your ticket to heaven, for your work here is done

Your story has not ended but your heavenly life has begun

We miss you Frank Rollins but we know that you are near

To be our angel in heaven and that we know is clear









ACKNOWLEDGEMENTS

The family of Francis Rollins would like to extend our deepest and most heartfelt thanks to each and every one of you for the outpouring of love, support, and compassion shown during this time of loss. Your prayers, comforting words, thoughtful cards, beautiful flowers, visits, and acts of kindness have touched us in ways words can scarcely express.

In our time of sorrow, your presence—whether near or far—has been a source of strength and consolation. We are truly grateful for the many ways you have helped to lift our spirits and honor the memory of someone who meant so much to us. Each gesture, no matter how small, has reminded us that we are not alone and that the love surrounding us is abundant.

Though our hearts are heavy, we trust in God's perfect wisdom and find peace in His promises.
It brings comfort to know that Francis was so dearly loved by so many.

As we move forward, we will carry your kindness with us always, just as we carry the memory of our beloved Francis in our hearts. Your support has been a light in a dark time, and we pray that God continues to bless you, keep you in His care, and shower you with His richest blessings.

REPAST

Old Waldorf School
3074 Crain Highway
Waldorf, MD 20601

